

Claims: Clean Version.

1. A method/process of creating a dietary supplement profile for an individual comprising:

a) completing a health questionnaire by an individual,

b) comparing of the questionnaire information by an individual to an optimal health profile in a computer data base,

c) adjusting for differences in the individual's health information when compared to an optimal health profile,

d) generating a computer-implemented dietary supplement profile based on the

individual's health information listing the vitamins, minerals, amino acids, enzymes, and herbs suggested for an optimal health profile.

2. The method/process of creating a dietary supplement profile of claim 1, further comprises adding additional information provided by a physical examination.

3. The method/process of creating a dietary supplement profile of claim 1 further comprises adding additional information provided by laboratory studies.

4. The method/process of creating a dietary supplement profile of claim 1, further comprises adding a list of commercially available products that provide the dietary supplements listed in an optimal health profile.

5. The method/process of creating a dietary supplement profile of claim 1, further comprises adding a plan for weight management.

Claims: Cancel claims 6-10. Version with markings to show changes made:

1. A method/process [for] of [calculating the] creating a dietary supplement profile for an individual comprising:
 - a) completing a health questionnaire [completed] by [the] an individual,
 - 5 b) [comparison] comparing of the questionnaire information by an individual to an [standard] optimal health profile in a computer data base,
 - c) c) adjusting for differences in the individual's health information when compared to an optimal health profile.
 - d) [the generation] generating [of] a dietary supplement profile based on the
10 individual's health information listing the vitamins, minerals, amino acids, enzymes, and herbs [and other nutritional supplements] suggested for an optimal health [and wellness] profile.
2. The method/process [for calculating] of creating [the] a dietary supplement profile of claim 1, further comprises adding [the] additional [of] information provided by a physical examination.
- 15 3. The method/process [for calculating the] of creating a dietary supplement profile of claim 1 further comprises [the] adding additional [of] information provided by laboratory studies.
4. The method/process [for calculating the] of creating a dietary supplement profile of claim 1, further comprises adding a list of commercially available products that
20 provide the dietary supplements listed in [the] an optimal health profile.
5. The method/process [for calculating the] of creating a dietary supplement profile of claim 1, further comprises adding a plan for weight management.